

The Fasting Edge

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Welcome to our January series **First Things First!**
Are you feeling spiritually dull? Today, we'll learn how to
regain our spiritual edge through Fasting!



2 Kings 6:1-7 (NLT)

One day the group of prophets came to Elisha and told him, “As you can see, this place where we meet with you is too small. Let’s go down to the Jordan River, where there are plenty of logs. There we can build a new place for us to meet.”

4 So he went with them. When they arrived at the Jordan, they began cutting down trees.

5 But as one of them was cutting a tree, his ax head fell into the river. “Oh, sir!” he cried. “It was a borrowed ax!”

6 “Where did it fall?” the man of God asked. When he showed him the place, Elisha cut a stick and threw it into the water at that spot. Then the ax head floated to the surface.

7 “Grab it,” Elisha said. And the man reached out and grabbed it.

**Q: If you lost your spiritual edge,
how do you get it back?**

1) **ADMIT** you lost your edge.

Yet I hold this against you: You have forsaken the love you had at first. Consider how far you have fallen!

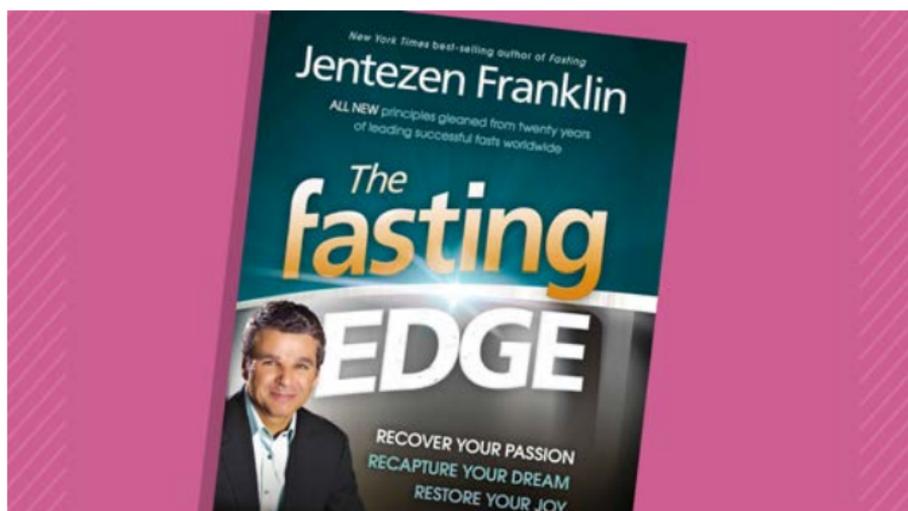
Repent and do the things you did at first.

- Revelation 2:4-5

2) **ASK** God to help you reclaim it.

*“When you set aside time for fasting and prayer, you see **greater results**. Sure you can keep cutting with a dull axe... powering along in your own strength. But I would rather get more done operating under **the power of God!** A few days out of an entire year is not a long time, but it yields great reward. Fasting gives you back your edge. It gives you the power to do **far more** than you could possibly accomplish in your own strength and finite understanding.”*

- Jentezen Franklin, *The Fasting Edge*



3) **FOCUS** your fast.

At that time I, Daniel, mourned for three weeks.

I ate no choice food; no meat or wine touched my lips;
and I used no lotions at all until the three weeks were over. - Daniel 10:2-3

21-Day Daniel Fast begins tomorrow!



21-Day Fast To kick-off 2019, our church is doing a 21-day Daniel Fast to seek the Lord and draw closer to Christ. Hungry for more of the Holy Spirit? More of God's presence and power in your life? Start your fast on Monday, January 14th and we'll finish our fast on Superbowl Sunday, February 3rd!